

A Guide to Recycling

Connecticut now has a universal list of what belongs in your recycling bin and what doesn't. All items should be **empty, rinsed, clean and open**. Do **not** shred, box, bag or bundle.

What's IN?

Cardboard & cardboard

Food & beverage cartons

Junk mail

Magazines & newspaper inserts

Newsprint

Office paper

Pizza boxes

What's OUT?

Gift wrap & gift bags

Ice cream containers

Paper cups (hot & cold)

Shredded paper

Take-out food containers

Tissue paper

Beverage bottles & jars

Food bottles & jars

Ceramic mugs & plates

Drinking glasses

What's IN?

Aerosol containers (food grade only)

Aluminum foil

Cans & bottles

Foil containers

Metal lids from cans & bottles

What's OUT?

Aerosol containers (deodorizers, cleaners, pesticides, etc.)

Foil tops from yogurt containers

Paint cans

Pots & pans

Small pieces of scrap metal

Spiral wound containers

Loose bottle caps

Plastic bags & wrap

Plastic plates, bowls & utensils

Prescription bottles

Single-use coffee containers

Styrofoam cups, containers & packaging peanuts

Water filters

PLASTIC

Plastic bottles (with or without caps attached)

Plastic containers, tubs & lids

Plastic one-use cups (no lids, no straws)

METAL

To learn more, go to RecycleCT.com

Thank you for recycling right!

